



## Neighbors InDeed and Neighborhood Watch Welcome Packet Contents List\*

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\* Flyers available on the Neighborhood Watch website at [www.SCLHWatch.org](http://www.SCLHWatch.org)

\*\* Information available on the Neighbors InDeed website at [www.neighborsindeed.org](http://www.neighborsindeed.org)

<sup>P</sup> Provided by Neighbors InDeed or Lincoln Hills Foundation

Revised December 18, 2019

# NEIGHBORHOOD WATCH LIST OF IMPORTANT NUMBERS

FOR UPCOMING MEETINGS & EVENTS VISIT [SCLHWATCH.ORG](http://SCLHWATCH.ORG) - CALENDAR

WHO DO I CALL IF I HAVE . . .	TELEPHONE NUMBER
<b>Emergencies</b> –medical, fire, criminal activity in progress or suspect still in the area	<b>CALL 9-1-1</b>
<b>Lift &amp; Assist Calls</b> (non-injury falls), Non-emergency calls i.e., burglary, ID theft, monetary loss due to scams, suspicious activity then report to Alerts Team below	<b>LINCOLN POLICE &amp; FIRE DEPARTMENTS</b> <b>916 645-4040</b>
<b>Incidents</b> on trails, open space, common space, trespassing, vandalism, loose grazing animals, or unauthorized use of Association facilities	<b>ASSOCIATION'S CURATOR SECURITY</b> 24-hour patrolled security within community <b>916 771-7185</b>
<b>Street Light</b> burnt out or broken sprinkler	<b>ASSOCIATION MAINTENANCE DEPARTMENT</b> <b>916 645-4500</b> – Provide Lamp Post Serial Number (lamp) <b>916 645-4501</b> – Provide Location & Street Name (sprinklers)
<b>Placer County Resources</b> 24/7 Information & Referral Service	<b>DIAL 2-1-1</b> or Text your zip code to 898211; TTY: 1-844-521-6697
<b>Public safety issues</b> , unscrupulous solicitors, wild animals. Current scams within Sun City Lincoln Hills	<b>REPORT AN INCIDENT TO NEIGHBORHOOD WATCH</b> Go to <a href="http://SCLHWATCH.org">SCLHWATCH.org</a> , click on <b>Report an Incident</b> or call: Barry Johnson, NW Public Safety Liaison – <b>916 434-6538</b> Mary Cranston, Alerts Coordinator – <b>916 434-5362</b>
<b>Scams, Identity Theft</b> – Phone or Email	<b>FEDERAL COMMUNICATIONS COMMISSION</b> 1-888-225-5322
<b>Grazing season</b> – If you see animals out of their fenced areas or have urgent safety concerns	<b>PUBLIC WORKS DEPARTMENT</b> <b>(916) 434-2450</b> – WEEKDAYS 8-5 PM. AFTER HOURS & WEEKENDS CALL <b>LINCOLN POLICE DEPARTMENT (916)-645-4040</b>
<b>Lost or Found Pet</b>	<b>LOST PET ALERTS TEAM:</b> Mary Shelton, Coordinator 916 409-9923 ( <i>Micro reader</i> ) Teresa Tanin – 530 400-8526 ( <i>Micro reader</i> )
<b>MAIL STATION BREAK-INS</b> <i>NEVER LEAVE OUTGOING MAIL IN MAILBOX OVERNIGHT!</i> <b>SECURE MAIL STATION LOCATIONS:</b> Lincoln Post Office Blue Box - Orchard Creek parking lot Blue Box - Lincoln Market on Del Webb Blvd – <i>across from Orchard Creek Lodge parking lot</i>	<b>CALL IN THIS ORDER:</b> <ul style="list-style-type: none"> <li>• Postal Inspector 877 876-2455</li> <li>• Lincoln Police 916 645-4040</li> <li>• Lincoln Post Office 916 434-8144</li> <li>• NW Barry Johnson 916 434-6538</li> <li>• Mail Box Captain &amp; Village Coordinator</li> </ul>
<b>NEIGHBORS INDEED</b> Reset irrigation systems and thermostats, change smoke detector batteries, Information & Referral	<b>NEIGHBORS INDEED</b> – 916 223-2763 <b>FREE SERVICES TO RESIDENTS</b> <a href="http://www.neighborsindeed.org">www.neighborsindeed.org</a>
<b>Elder Abuse Concerns</b> – yourself or others	<b>PLACER COUNTY PROTECTS</b> – 916 645-7226 <b>ADULT PROTECTIVE SERVICES</b> – 888 886-5401
<b>Snake in Your Yard or House</b> – <i>leave it alone</i> . DO NOT stand between a snake and the nearest bush or other cover. Keep your front garage door completely closed.	<b>SNAKE MEN</b> – Residents of Sun City Lincoln Hills Dale Davis, 916 960-6999 Hal Kinney, C: 916 834-0393, H: 916 408-0440

## INTRODUCTION TO NEIGHBORHOOD WATCH

### What is Sun City Lincoln Hills Neighborhood Watch?

Neighborhood Watch is a national program where we, the residents, organize our community to make it safer by developing a program of mutual assistance. By working to increase personal safety and security awareness, we also enrich and improve the quality of our own lives. In essence we stress being proactive and actively participating in both emergency preparedness and encouraging the wellbeing of all residents of Lincoln Hills. However, we do stress that participation in Neighborhood Watch is optional.

Neighborhood Watch villages are organized by mail stations consisting of 8, 12, or 16 mailboxes. One or more residents can volunteer to be a Captain or Co-captain for a mail station and be responsible for certain tasks such as welcoming new residents and obtaining emergency contact information. The MailBox Captain will contact the residents at least twice a year in February and August to update the information and report to their Village Coordinators.

Captains greet new residents with a Welcome Packet which includes information on safety and security and a Vial of Life kit that contains two *Vial of Life* forms and a Red Cross to put in your window.

Mailbox Captains forward any public safety and security information Alerts to residents, although each resident is encouraged to sign up to receive their own alerts. You may sign up for alerts by going to the Neighborhood Watch website at [www.SCLHWatch.org](http://www.SCLHWatch.org) and enter your email address to "Add me to Alerts" in the upper right-hand corner of our Home Page, then click on **Subscribe**. After you acknowledge that you do, your email address will be added to the Alerts list.

Neighborhood Watch also encourages neighbors to participate in National Night Out, which is a community and police "safety-awareness-raising" event held throughout the United States. NNO is always observed on the first Tuesday in August each year.

Revised June 28, 2018

# NEIGHBORHOOD WATCH LOST PET ALERTS PROGRAM



If you have a lost or found pet, please contact one of our Neighborhood Watch Lost Pet Alerts Team Members as soon as possible:

**Mary Shelton, Coordinator**  
**Teresa Tanin**

**916 409-9923 - Microchip Reader**  
**530 400-8526 - Microchip Reader**

To ensure accurate alert information is distributed to the community, please be prepared to provide the following:

- Your name, or contact name & phone number
- Street & nearest cross street pet is located
- A current photo of the pet
- Detailed description of the pet – breed, male/female, wearing collar/tags, microchip?

It is very important that new residents update their pet's microchip information. Please contact your pet's chip company to update your new address so that your pet can be reunited faster if lost. If you do not know your chip company, call your vet, or contact a Team Member above for Microchip Reader service.

Microchip Companies:

Home Again	1-888-466-3242
24 Pet Watch	1-866-597-2424
AVID	1-800-336-2843
Pet Link	1-877-738-5465
Found Animal	1-855-738-2447
Pet Key	1-866-699-3463

For more information, visit Neighborhood Watch Website: [www.sclhwatch.org](http://www.sclhwatch.org)

# Safety and Home Security Tips

## YOUR CAR

- Always lock your car when you leave it outdoors.
- Park in a well-lit area and be aware of your surroundings before you leave.
- **Keep packages or anything else out of sight and put in the trunk** to avoid attracting an opportunist burglar.
- Consider asking for a security escort when returning to your car.
- Never leave your home address in your navigation system (GPS). Instead use 1500 Del Webb Blvd. Keep your GPS out of sight . . . less temptation to break in.
- Keep the registration and insurance copies in your wallet or locked in the glove compartment.
- Keep the garage door remote out of sight or locked in the glove compartment.
- Many newer cars have a built-in system that allows you to program your garage's code into it. Neighbors InDeed can help you program the code using your car manual.
- Consider buying a mini-remote for your car key ring. Neighbors InDeed can help program it by using remote's manual.
- Consider driving with headlights on so you may be seen by others and use turn signals when you turn or change lanes.

## YOUR GARAGE AND SIDE GARAGE DOOR

- Do not keep garage door fully or partially open. Open-door garage alarms are available from hardware stores.
- Keep the house entry door locked day and night whether you are home or not.
- Consider installing a peephole in the entry door from the house into the garage.
- Consider installing a motion sensor for the lights in the garage.
- Consider unscrewing garage door opener light since car lights stay on for a minute or two. Garage door light may be a signal to burglar that a vehicle just came or left.
- Keep side garage door and interior garage door locked day and night whether you are home or not.
- Consider installing a removable 2X4 bar held with heavy-duty brackets across the door.
- Consider installing a security screen door for garage ventilation; it provides an additional layer of security.

## YOUR HOUSE

- Put your car keys beside your bed at night. If you hear a noise outside your home or someone trying to get in your house, just press the panic button for your car. The alarm will be set off, and the horn will continue to sound until either you turn it off or the car battery dies.
- Keep your outdoor lights on all night (use CFL or LED bulbs). Light sensors are available to automatically turn on lights at dusk (no tools). Timers are available at Lowe's and Home Depot but they do have to be hard-wired.
- Consider installing motion sensor lights near exterior doors. Install at difficult to reach locations so they cannot be easily disabled.
- Consider finding other locations to hide your valuables other than the master bedroom and bathroom.
- Consider installing a PVC pipe or wood dowel in your slider door and window tracks to prevent opening. (No tools required . . . ask hardware store to cut to size for you.) Neighbors InDeed will measure these lengths for you. Don't use any device that requires tools to remove . . . in case of emergency, you don't want your exits blocked!
- Consider installing screw-on slider window locks to prevent opening. (No tools required.)
- If ventilation is desired, leave windows or sliding doors no more than 4 inches open and install PVC pipes, wood dowels or slider locks to prevent opening further.
- Consider purchasing a sign. "Keep gate closed so dog does not escape."
- Review your home from afar. Are there places for a burglar to hide? Keep your bushes and other vegetation trimmed.

## WHEN AWAY FROM HOME

- Keep windows covered to prevent window-shopping.
- Put lights and a radio or TV on timers. Make sure your home looks and sounds occupied.
- Consider installing a monitored alarm system, possibly with an outdoor siren.
- Obtain a LPD Vacation Home Check Request form from the Lincoln Police Department, Mail Box Captain or at **[www.SCLHWatch.org](http://www.SCLHWatch.org)** under *Security*, then *Safety Flyers*.
- Notify neighbors and Mail Box Captain when leaving for any extended period and stop newspaper delivery.
- See our Tips for a Worry-Free Vacation checklist brochure on our NW website at **[www.SCLHWatch.org](http://www.SCLHWatch.org)** under *Security*, then *Safety Flyers*.

Available on SCLH Neighborhood Watch Website at **[www.SCLHWatch.org](http://www.SCLHWatch.org)**



# NEIGHBORHOOD WATCH

## HOME SAFETY FIRE PREVENTION CHECKLIST



### Smoke Alarms

- Test and clean smoke alarms monthly
- Check and replace batteries annually
- Consider replacing smoke alarms **after ten years**
- Do not modify the garage door entry into your house as this is a fire rated door

### Cooking Safety

- Keep cooking area free from items that can catch fire
- Do not keep pots and pans unattended on the stove; turn handles away from front of stove
- Double check to make sure your burners are off on your gas stove

### Electrical & Appliance Safety

- Do not run electrical cords under rugs
- Maintain electric and gas stoves in good operating condition
- Check if electrical cords are frayed or cracked
- Use only circuit-protected, multi-prong adapters for additional outlets.
- Check that large and small appliances are plugged directly into wall outlets; off if not used
- Clean clothes dryer lint filter and venting system

### Candle Safety

- Use only sturdy fire-proof containers that won't tip over for candles
- Make sure that candles are extinguished before going to bed or leaving the room
- Do not leave grandchildren or pets unattended with candles burning

### Carbon Monoxide Alarms

- Install mandatory Carbon Monoxide Alarms on every level of your home
- Recommend replacing Carbon Monoxide alarms **after seven years**

### Fire Extinguishers

- Equip your home with a multi-purpose fire extinguisher (those labeled "B-C" or "A-B-C") of a five pound size or greater. Fire extinguishers need service or replacement after any use, and, if equipped with an indicator, when the indicator needle is outside of the green/normal (charged) range. Dry chemical fire extinguishers should be shaken once a month to keep the powder from settling (check manufactures recommendations). Extinguishers should be placed in a central location. Often at or near an interior door leading to a garage is a good space and a second fire extinguisher possibly in close proximity to your kitchen stove. The Fire Department does not service fire extinguishers.

### Flammables in the Garage and Outside

- Avoid storing combustible materials like paint cans near a water heater, car or garbage can.
- Remove leaves and needles from roof and gutters; cut back overhanging tree branches

### Escape Plan

- Know to crawl low to the floor when escaping to avoid toxic smoke
- Once you're out, **STAY OUT**
- Know where to meet after escape
- Meeting place should be near the front of your home, so firefighters know you are out
- Make sure every household member is familiar with the plan

## A Message From Your Lincoln Police Department



Have you been visited by a door-to-door salesperson recently?

We'd like to remind citizens that it's often difficult to determine if someone is legitimately representing a real business or charity, even if he/she provides documentation. We urge our community members to exercise caution, and follow these safety tips when encountering solicitors:

- Always look through the peephole, window or home security camera to see who is at your door.
- If you don't feel comfortable answering the door, then don't. Inform the individual you are not interested through your door.
- Always ask for documentation and identification, including their City Solicitor's Business License.

## SAMPLE SOLICITOR LICENSE

<small>This certificate is issued without verification that the holder is subject to or exempted from licensing by the state, county, federal government, or any other governmental agency.</small>	<b>CITY OF LINCOLN</b>	<small>Sales or use tax may apply to your business activities. You may seek written advice regarding the application of tax in your particular business by writing to the nearest State Board of Equalization office.</small>
	<b>BUSINESS LICENSE</b>	
	600 6th STREET, LINCOLN, CA 95648	
<b>EXPIRATION DATE:</b> 12/31/2018	<b>EFFECTIVE DATE:</b> 01/01/2018	<b>LICENSE NUMBER:</b> SOL
<b>BUSINESS NAME:</b> XYZ Window Washing		<b>DBA Name:</b>
<b>TYPE OF BUSINESS:</b> Clean Windows		<b>Business Address:</b>
<b>MAILING ADDRESS:</b> 123 MAIN STREET LINCOLN, CA 95648		

This license evidences the person(s), firm or corporation named herein has paid the applicable tax required by the City of Lincoln Municipal Code for the period indicated above. No license issued under the provisions of Chapter 5 of the Lincoln Municipal Code shall be construed as authorizing the conduct or continuance of any illegal or unlawful operation in violation of any City Ordinance relating thereto.

- NEVER allow a solicitor to enter your home.
- NEVER give money, credit/debit card numbers or a check to solicitors.

And finally, report aggressive or suspicious solicitors to law enforcement immediately: 9-1-1 for emergency situations such as an aggressive or threatening solicitor, and 916 645-4040 (non-emergency) for suspicious solicitors. Provide a good description of the individual and vehicle, if available, and direction of travel after leaving your residence.

***Your safety is of the utmost importance to us.***

***#StaySafe***

# MOVE OVER *PULL TO THE RIGHT FOR SIRENS & LIGHTS*

## EMERGENCY VEHICLES SAVE LIVES



### The Life You Save May be YOUR Loved One!

If you or someone you love is in need of emergency assistance, you want help to get there right away. In Lincoln, our **Law Enforcement, Fire Department, CHP and local ambulances** provide life-saving services every day. When their sirens are on, it's your job to ***pull to the right*** so they can do their job!

The law is very specific; drivers must yield the right-of-way to an emergency vehicle, ***and failure to do so can cause serious accidents or delays in ambulances, fire engines and fire trucks arriving at the scene of an emergency.*** Firefighters are careful to avoid vehicle collisions by driving slowly when traveling against traffic, or coming to a complete stop at intersections. However, the cooperation of ALL vehicles on the roadway is essential.

There are some simple rules to follow when you're on the road and encounter an emergency vehicle:

#### DO: Stay calm.

- Pull to the right and come to a complete stop.
- If you're traveling on a high-speed road or if there is no room to stop, slow down as much as possible.
- If you are in the left lane, pull over into the right lane as traffic in the lane to your right moves over.
- If you cannot move to the right because of another vehicle or obstacle, just stop. Your action will let the driver of the emergency vehicle know what you are doing and allow the driver to anticipate where to drive.
- When an emergency vehicle approaches you from behind while you are stopped at an intersection, stay where you are unless you can pull to the right.
- On a four-lane highway or street without barriers, both sides of traffic should pull to the right.
- Be careful when driving by or around a motor vehicle accident or any situation where emergency vehicles are parked and the firefighters are working.
- Drivers should stay at least 500 feet behind emergency vehicles.

#### DON'T:

- Don't panic.
- ***Don't disregard the presence of the emergency vehicle by continuing to drive.***
- ***Don't stop in the middle lane and assume the emergency vehicle will just go around you.***
- Don't play your radio so loudly that you are unable to hear sirens.
- Don't pull to the left in the center lane or left turn lane.
- Don't race ahead to make the green light or turn before the emergency vehicle gets there.
- Don't turn quickly to the left onto a street or driveway.
- Don't drive through a red light or stop sign when an emergency vehicle approaches from behind.
- If the emergency vehicle is traveling on the opposite side of a divided highway or street, you do not need to pull over.



## Protect Your Vehicle From Theft!!



Vehicles are usually stolen for one of three reasons; a joy ride, sell for parts, or for resale. There are some steps you can take to minimize becoming a victim.

- Lock your car and take your keys with you even when parked in your driveway.
- Do not hide a spare key on the vehicle.
- Motion-sensor lights mounted over the garage will discourage thieves and alert you to the presence of unwanted “visitors” at night.
- Park in a well-lighted area, close to a corner with foot traffic. To make your vehicle more easily visible, back into the parking space, and if possible park at the end of the row and toward the light source.
- Roll up the windows completely.
- Always remove keys from ignition.
- Avoid leaving a vehicle parked unattended in a public parking lot for a long time.
- When parking in attended lots or parking garages leave only the ignition key with the attendant! Older model vehicle keys and other attached keys can be duplicate.
- Make sure the attendant or valet is actually the authorized attendant. Never have a tag with your name/address on the key ring.
- Always park with the wheels turned toward the curb and apply the emergency brake. This can help prevent towing.
- If you have a garage – use it.
- Lock your garage door. Do NOT leave your garage open enough for someone to crawl under.
- Do NOT leave your car running while it is unattended.
- Back your car into the driveway. If you drive forward into the driveway, a car thief could raise the hood to hot wire the car, and it would appear to the neighbors that you were just working on the car.
- Do NOT leave the car title in the vehicle.

Nearly 1.4 million vehicles are stolen yearly. Although 75% of respondents know that there are costs associated with vehicle deductible and the cost of replacing the vehicle that are not covered by insurance. However, virtually none (one percent) knew that there are additional costs such as insurance premium increases, the cost of time spent dealing with police, vehicle rental costs, and the cost of time off from work. This survey was conducted by Opinion Research Corporation.

The Lincoln Police would like to work with our community citizens in keeping our vehicles safe in Lincoln. **DON'T BE A VICTIM and DON'T MAKE IT EASY FOR THE THIEF!!!!**



All public safety agencies in Placer, Sacramento, and Yolo counties have partnered to have a state of the art community notification system to alert residents about emergency events and other important public safety information. It enables us to provide you with critical information quickly in a variety of situations, such as severe weather, unexpected road closures, missing persons and evacuations of buildings or neighborhoods. It assists public safety officials in protecting lives and property by providing critical information to residents during emergencies and dangerous situations.

To receive notifications, go to [www.Placer-Alert.org](http://www.Placer-Alert.org) and sign up for alerts.

# VIAL OF LIFE

## WHAT IS THE VIAL OF LIFE PROGRAM?


The Vial of Life is a medical history document that provides crucial personal and medical history in case of an emergency. The documents provide paramedics and firefighters with crucial personal and medical information that will speak for you if you are unable to communicate or you do not have a representative in the event of an emergency.

## HOW DO I USE THE VIAL OF LIFE?

There are five easy steps to using the Vial of Life.

1. Download [document here](#) and *save to your computer or print and complete.*
2. Fill out the information completely; making sure it is current and legible.
3. Fold and roll the completed information form and place it in the plastic vial or a baggie.  
(If you have a "Do Not Resuscitate" (DNR) form, be sure to attach a copy.)
4. Place a Vial of Life sticker on your front door.
5. Place the vial or baggie containing your medical information on the top shelf of your refrigerator door.

**NOTE:** The Vial of Life will only work if the information is accurate and complete and updated as changes occur.



**Vial of Life** . . . will speak FOR you when you are unable to speak

**What information should be in the Vial of life?**

**First Responders will look for the Vial of Life on the top shelf of the refrigerator door and ask;**

- \* Do you have any medical conditions?
- \* Are you taking any medications or supplements?
- \* Do you have any allergies?
- \* Which hospital should they take you to?
- \* Who should they contact?
- \* What is your doctor's name and phone number?
- \* Who is your insurance contact?
- \* If you have pets - who will care for them?

**In stressful situations common things may be difficult to remember, so please plan ahead and complete your Vial of Life form today - It only takes a few minutes and could save precious time in an emergency.**