



Be Your Neighbor's Valentine!

Teresa Tanin, Neighborhood Watch

February is a special time to show love and care for others. It is especially important during these trying times to stay connected. Many have isolated so long without human interaction that loneliness has increased significantly. Setting up a daily "check-in" is a good idea—comparable to keeping your battery charged. A car needs to be driven and may need a jump-start now and then. People need the power of interactions with others to function properly as well. A daily phone call to "check-in," Zoom to say "hello," or texting a "good morning" is a great way to watch over your friends, neighbors, and loved ones. Let them know you are okay while checking on them. Staying connected is one of the best ways for us all to remain healthy, happy, and safe.

Providing us with safe information, Placer County started a helpline for seniors over 60. Dial 2-1-1 and

be connected 24/7 to a call specialist. According to their information, referrals include community health services, food assistance, transportation, senior care, employment services, housing assistance, mental health support services, and much more. It's easy, and it's free. TTY: 1-844-521-6697 or text your zip code to 898211 (text plan rates may apply).

Update—*Security Cameras*: The Lincoln Police Department is nearing the completion of this project in collaboration with the Association and the assistance of Neighborhood Watch ("NW"). To assist police investigations, footage from registered cameras throughout the community could be obtained from participating owners voluntarily. A PowerPoint and video will be available soon on the NW website sclhwatch.org under "Tutorials." Information will provide camera and installation criteria, including

the registration process.

To further assist the Lincoln Police, report a non-emergency incident by calling 916-645-4040 and/or call the Alerts Coordinator at 916-434-5362. Report online by logging on to the NW website at sclhwatch.org under "report an incident." Complete the form detailing the incident or scam, which is then directed to the Alerts Coordinator. For common area issues, contact Curator (Association) Security at 916-771-7185.

Be your neighbor's valentine year-round. Check-in with a simple "I'm okay, are you okay?" Let others know to call 2-1-1 for referral assistance 24/7. Check into the possible installation of cameras to assist our Police. Report an incident or scam by visiting the Neighborhood Watch website sclhwatch.org. Remain healthy, happy, and safe. Be informed, connected, and involved!