

NEIGHBORHOOD WATCH



SCLHWATCH.ORG

AND



NEIGHBORSINDEED.ORG

WELCOMES YOU
TO
SUN CITY LINCOLN HILLS

SCLHRESIDENTS.ORG

SUN CITY LINCOLN HILLS NEIGHBORHOOD WATCH
WELCOME TO THE NEIGHBORHOOD
SCLHWATCH.ORG

Our MISSION

- * Strengthen Neighborhood Ties
- * Increase Personal Safety & Security Awareness
- * Be the “Eyes and Ears” of Lincoln Police & Fire Department
- * Encourage Emergency Preparedness.

Neighborhood Watch (NW) is one of the oldest and most effective crime prevention programs in the country, bringing citizens together with local law enforcement to make our community safer. Neighborhood Watch volunteers organize to prevent crime in our neighborhoods, through increased awareness and participation in personal safety & security and strengthening neighborhood ties by getting to know their neighbors. Sun City Lincoln Hills (SCLH) is divided by villages. Each village has numbered mailbox stations. Neighborhood Watch Volunteers serve as **Mailbox Captains** assigned a mail station in their neighborhood, **Coordinators** are assigned a village and **Directors** are assigned a specific group of villages.

Your Mailbox Captain, _____ lives at _____

In Village _____ Mail Station _____ and can be reached by phone _____

or email _____

To learn more about Neighborhood Watch please contact your Mailbox Captain & visit our website at SCLHWatch.org.

Note – for those who live in Village 44 (Villas) please contact your Mailbox Captain for additional information

911
All Cell phone and landline calls made within Lincoln city limits will go directly to the Lincoln Police and fire Departments. For non-emergency calls use 916.645.4040.

ALERTS



Alerts are “FYI” or public safety informational emails based on incidents within Sun City Lincoln Hills and police reports that impact our community. Although each resident is encouraged to sign-up to receive their own Alerts, Mailbox Captains will forward Alerts to their residents. To sign-up for Alerts, go to sclhwatch.org and click *Add me to Alerts*. An email message will appear - just click Send; no message necessary. Your email address will be added to the Alerts list. You can also contact the Alert Team directly at Alerteditor@sclhwatch.org

INCIDENTS

Neighborhood Watch encourages residents to be the eyes and ears of the Lincoln Police and Fire Department. If you “see something, say something” – to report incidents visit the SCLHWatch.org homepage and click **“REPORT AN INCIDENT”**.

VIAL OF LIFE

This program encourages individuals to have their complete medical information readily available for EMS to reference during an emergency. Your Mailbox Captain will provide you with a Vial of Life “kit” and instructions on how to complete the Vial of Life forms. In an emergency EMS will expect to find your Vial of Life information on the top shelf of your refrigerator door. Instructions can be downloaded here SCLHWatch.org/documents

WELCOME

Resident participation is a vital part of achieving our goals of strengthening neighborhood ties, increasing personal safety and security awareness, and encouraging emergency preparedness. Please complete the attached **Neighborhood Watch Registration Form** and return it to your Mailbox Captain.

WELCOME TO THE NEIGHBORHOOD – WE ARE GLAD YOU ARE HERE!



SUN CITY LINCOLN HILLS NEIGHBORHOOD WATCH
NEW RESIDENT REGISTRATION FORM

SCLHWATCH.ORG

PLEASE COMPLETE THIS FORM AND RETURN TO THE MAILBOX CAPTAIN LISTED BELOW



Neighborhood Watch welcomes you to the neighborhood. Your mailbox Captain asks all new residents to provide their phone number (cell *and* landline if you have one), address, email address, and the names of the people in your household – including your pets. This information allows your Mailbox Captain to contact you when necessary. Sometimes contact is made for something as simple as letting you know a sprinkler is broken or a reminder that your garage door is open at night. We are simply *Neighborhoods Helping Neighbors*. Rest assured your information is always kept confidential and will never be shared outside of Neighborhood Watch.

MAILBOX CAPTAIN CONTACT INFORMATION

Please complete the *New Resident Registration Form* below & return to your Mailbox Captain _____
who lives at _____ in Village _____ Mail Station _____
and can be reached by phone _____ or email at _____

NEW RESIDENT REGISTRATION FORM

Resident #1 Name: _____ Move-in Date: _____
Address: _____ Mailbox #: _____
Email: _____ Phone: _____ Home Cell
Resident #2 Name: _____ Move-in Date: _____
Email: _____ Phone: _____ Home Cell
Pets Name (s): _____ Chip Updated? Yes No
Emergency Contact: _____ Relationship: _____ State: _____
Phone: _____ Home Cell Key/Code? Yes No
Neighbor or Friend Contact: _____ Phone: _____ Key/Code? Yes No
Have you received a Vial of Life "kit"? Yes No Have you signed up for alerts? Yes No

DID YOU KNOW—YOUR PHONE COULD BE YOUR MOBILE VIAL OF LIFE ?!



Mobile Vial of Life

QUICK TIPS v

To view
Emergency
Information:

iPhone:

From the lock
screen, tap
"Emergency"
bottom left, and
then "Medical ID"

Android:

From the locked
screen, swipe up.
Select
"Emergency."
Then select
"Emergency
Information."

Neighborhood Watch encourages all residents to complete a Vial of LIFE (Lifesaving Information For Emergencies) for First Responders to your home. However, how would you communicate your medical information and emergency contacts when out and about?

YOUR MOBILE PHONE, EVEN WHEN LOCKED, COULD BE YOUR LIFELINE.

Whether you have an Android or an iPhone, settings can allow the sharing of your medical and emergency contacts information visible on your locked phone.

WHEN OUT & ABOUT how can others view your vital information in case of an emergency? Your Allergies? Medications? Current health issues? Emergency contacts? Pet information?

FIRST: Enter your medical ID information and set up your ICE "in case of emergency" contacts according to your phone's user guide.

SECOND: Learn how to view emergency information on any locked phone.

Both iPhone and Android phones have dedicated settings for displaying this vital information. If your phone does not have this option, add "ICE" in front of a contact's name, i.e. "ICE – Son" before your Son's name. This entry allows emergency responders or hospital staff to quickly call your ICE contact *and* provide them with the contact's relationship to you.

For more complete information and/or detailed instructions, review your phones *User Guide*, contact your service provider, or visit [SCLHWATCH.Org/security/safety flyers](https://www.sclhwatc.org/security/safety-flyers).

Helpful Links:

[How to Add Emergency Info to Your Phone's Locked Screen](#)

[iPhone User Guide](#)

[Samsung Manuals and Guides](#)

[Google Pixel](#)

Sun City Lincoln Hills Neighborhood Watch

Informational Purposes Only-consult manufacturer or service provider for complete information and detailed instructions. June 2022

LIST OF IMPORTANT NUMBERS

FOR UPCOMING MEETINGS & EVENTS VISIT SCLHWATCH.ORG – CALENDAR

WHO DO I CALL IF I HAVE . . .	TELEPHONE NUMBER
EMERGENCIES –medical, fire, criminal activity in progress, or suspect still in the area. <i>After making initial call, please Submit an incident report to NW Alerts Team* (non-medical)</i>	CALL 9-1-1
NON EMERGENCIES – non-injury falls, burglary, ID theft, scams, suspicious activity. <i>After making initial call, please Submit an incident report to NW Alerts Team* (non-medical)</i>	LINCOLN POLICE & FIRE DEPARTMENTS 916.645.4040
NEIGHBORHOOD WATCH ALERTS TEAM PUBLIC SAFETY ISSUES , unscrupulous solicitors, Current scams within Sun City Lincoln Hills. <i>After making initial call (to 911 or LPD) Submit an incident report to NW Alerts Team* (non-medical)</i>	* NW ALERTS TEAM – to report Neighborhood Watch Incident go to SCLHWatch.org , click on Report an Incident or call: Barry Johnson, NW Public Safety Liaison – 916.434.6538 Mary Cranston, Alerts Coordinator – 916.434.5362
NEIGHBORHOOD WATCH LOST OR FOUND PET – see Lost Pet Alert Flyer sclhwatch.org/Alerts/04LostPetAlertProgramFlyer2023.pdf	LOST PET ALERTS TEAM Note: each member has a microchip reader. Mary Shelton, Coordinator – 916.409.9923 Teresa Tanin – 530.400.8526 Sharon McCall – 408.888.9773
PLACER COUNTY RESOURCES 24/7 Information & Referral Service	DIAL 2-1-1 or Text your zip code to 898211; TTY: 1-844-521-6697
SCAMS, IDENTITY THEFT – Phone or Email	FEDERAL COMMUNICATIONS COMMISSION 1.888.225.5322
GRAZING SEASON – If you see animals out of their fenced areas or have urgent safety concerns	PUBLIC WORKS DEPARTMENT 916.434.2450 – WEEKDAYS 8-5 PM. AFTER HOURS & WEEKENDS CALL LINCOLN POLICE DEPARTMENT 916.645.4040
INCIDENTS – <i>other than medical or criminal issues</i> - on trails, open space, common space, trespassing, vandalism, or unauthorized use of Association facilities.	ASSOCIATION'S SECURITY PATROL SERVICE – VFORCE SECURITY <i>24-hour patrol of common areas</i> VForce Security's Non-Emergency Line – 279.239.9094
NEIGHBORS INDEED Reset irrigation systems and thermostats, change smoke detector batteries, Information & Referral	NEIGHBORS INDEED – 916.223.2763 FREE SERVICES TO RESIDENTS www.neighborsindeed.org
STREET LIGHT – burnt out or broken sprinkler	ASSOCIATION MAINTENANCE DEPARTMENT 916.645.4500 – Provide Lamp Post Serial Number (lamp) 916.645.4501 – Provide Location & Street Name (sprinklers)
MAIL STATION BREAK-INS – <i>Never leave mail in mailbox overnight!</i> SECURE MAIL STATION LOCATIONS: • Lincoln Post Office • Blue Box – Orchard Creek parking lot • Blue Box – Lincoln Market on Del Webb Blvd <i>located across from Orchard Creek Lodge parking lot</i>	CALL IN THIS ORDER: • Postal Inspector 877.876.2455 • Lincoln Police 916.645.4040 • Lincoln Post Office 916.434.8144 • NW Barry Johnson 916.434.6538 • <i>MailBox Captain & Village Coordinator</i>
ELDER ABUSE CONCERNS – yourself or others	PLACER COUNTY PROTECTS – 916.645.7226 ADULT PROTECTIVE SERVICES – 888.886.5401
SNAKE IN YOUR YARD OR HOUSE – <i>leave it alone.</i> DO NOT stand between a snake and the nearest bush or other cover. Keep your front garage door completely closed.	SNAKE MAN – Residents of Sun City Lincoln Hills Dale Davis, 916.960.6999



Learn how 2-1-1 can help you. When you are not sure who to call in a non-emergency crisis, help could be only a phone call away!

Learn how Dialing 2-1-1 can connect you directly to a specialist 24/7—Confidential— Free, and where Language interpretation is available.

211 Placer provides:

- Information regarding local services includes food programs (local pantries, food delivery services, and food assistance programs).
- Help for disaster preparation and relief resources.
- Senior services include non-emergency transportation, utility assistance, moving resources, health or dental referrals, questions regarding social security, Medicare, insurance benefits, legal and fiduciary, plus help connecting to tax preparation services.
- More connections are, but are not limited to, home repair and safety, in-home services for seniors, help with disabilities, information regarding skilled nursing facilities, assisted living, care homes, and end-of-life information.

211—YOUR NON-EMERGENCY CONNECTION FOR HELP!

Established in July 2020, Placer 211 is the most comprehensive source of information in Placer and neighboring counties. Dial 2-1-1 for Placer County 24/7 free assistance, or text your zip code to 898-211 to be connected by text to 211. Also, connect through the Placer 211 website 211connectingpoint.org or click the "211" quick link on the Neighborhood Watch website schwatch.org. **Connect today and get the answers you need— help is only 2-1-1 away!**

SUN CITY LINCOLN HILLS NEIGHBORHOOD WATCH
FUNDED BY THE LINCOLN HILLS FOUNDATION

PLACER COUNTY SENIOR PROGRAMS & RESOURCES

211 PLACER— YOUR CONNECTING POINT .. DIAL 211 — AVAILABLE 24/7

FREE • CONFIDENTIAL • MULTILINGUAL • AVAILABLE 24/7
Connect to resources for housing, food, transportation, healthcare, & more.
Your source for non-emergency disaster information. 211Placer.org

SENIORS FIRST— SeniorsFirst.org..... 1 530 889 9500

ADULT PROTECTIVE SERVICES 1 888 886 5401
24/7 HOTLINE 1 916 787 8860

PLACER PROTECT — EmailPROTECT@PLACER.CA.GOV
FRAUD HOTLINE 1 916 645 7226

SAFETY AND SECURITY ALERTS

Neighborhood Watch Alerts..... SchlWatch.org — click **ADD ME TO ALERTS**

Placer County Alerts..... Member.everbridge.net/453003085611271/login

Lincoln Police Department Lincoln.crimegraphics.com/2013/default.aspx

SOCIAL MEDIA (click follow button)

Placer County Sheriff[Facebook.com/PlacerSheriff](https://www.facebook.com/PlacerSheriff)

Lincoln Police Department.....[Facebook.com/MyLincolnPD](https://www.facebook.com/MyLincolnPD)

additionalresources2023.docx SCLHWatch.org 5-11-2023

NEIGHBORHOOD WATCH LOST PET ALERTS PROGRAM



If you have a lost or found pet, please contact one of our Neighborhood Watch Lost Pet Alerts Team Members as soon as possible:

Mary Shelton, Coordinator 916 409 9923 – **Microchip Reader**
Sharon McCall 408 888 9773 – **Microchip Reader**
Teresa Tanin 530 400 8526 – **Microchip Reader**

TO ENSURE ACCURATE ALERT INFORMATION IS DISTRIBUTED TO THE COMMUNITY, BE PREPARED TO PROVIDE THE FOLLOWING:

- Your name or contact name & phone number
- Street & nearest cross street pet is located
- A current photo of the pet
- Description – breed, color, male/female, collar/tags, microchip?

It is very important that new residents update their pet's microchip information. Please contact your pet's chip company to update your new address so that your pet can be reunited faster if lost. If you do not know your chip company, call your vet, or contact a Team Member above for Microchip Reader service.

MICROCHIP COMPANIES:

Home Again	1-888-466-3242	24 Pet Watch	1-866-597-2424
AVID	1-800-336-2843	Pet Link	1-877-738-5465
Found Animal	1-855-738-2447	Pet Key	1-866-699-3463

For more information visit Neighborhood Watch website: <https://sclhwatch.org>



NEIGHBORHOOD WATCH → HELP US HELP YOU

All residents are members of Neighborhood Watch and can be the eyes and ears of the Lincoln Police Department.

NEIGHBORHOOD WATCH MISSION STATEMENT: To strengthen neighborhood ties; increase personal safety and security awareness; be the eyes and ears of the Lincoln Police and Fire Departments; and encourage emergency preparedness.

VISIT OUR WEBSITE: SCLHWatch.org for Alerts, Events Calendar, and More.

→ REPORT INCIDENTS — SUSPICIOUS ACTIVITY — LOST PETS — Who do I call?

- * **Emergencies Call 9-1-1**—Have your “Vial of Life” ready!
- * **Non-Emergencies Call 916-645-4040** Lincoln Police Department, 770 7th Street, Lincoln, CA 95648
- * **Curator Security at 916-771-7185:** Common area security issues: vandalism, trespassing, or unauthorized use of the Association's buildings or facilities, parks, trails, etc.
- * **SCLHWatch.org:** click “Report an Incident” to notify Barry Johnson, Neighborhood Watch Public Safety Liaison or email SCLHWatchalerts@sclhwatch.org.
- * **For Found Pets:** Coordinator Mary Shelton 916-409-9923 or team member Teresa Tanin 530-400-8526. They have Microchip readers and can send a message to neighbors to look for pets or owners.

→ INCREASE YOUR INVOLVEMENT

- * Visit Neighborhood Watch Website SCLHWatch.org — Volunteer — Sign up for Alerts — Get information!
- * Register for SCLH Association eNews at sclhresidents.com or call Activities Help Desk 916-625-4000.
- * *Compass Magazine* is available at suncity-lincolnhills.org or Orchard Creek & Kilaga Springs Lodges.
- * Are you handy? Volunteer with **Neighbors InDeed** call 916-223-2763.

→ SECURE YOUR HOME, PERSONAL & FINANCIAL WELFARE

- * Keep landscaping trimmed away from your home to eliminate hiding places for unwanted persons or critters.
- * Lock and secure your vehicle, in or out of your garage. DON'T leave registration or garage remote in vehicle.
- * Keep your garage door shut when not in use—not left partially open to critters or possible theft.
- * Security Screens, motion lights, alarm systems, and cameras *could* be helpful to you and police department.
- * Keep lights, radio, and/or TV on timers or use “smart plugs” to control from anywhere—always look occupied!
- * Phone calls or emails asking for money or gift cards are probable scams---don't lose your money to fraud.
- * Away from home: check your surroundings, park in a well-lit area, hide personal items AND lock your vehicle.

→ KNOW YOUR NEIGHBORS — NEIGHBORS HELPING NEIGHBORS

- * When neighbors are away from home, help with garbage cans, newspapers, packages, and mail.
- * Going on vacation? Let your neighbor know—sign up for Lincoln Police Vacation Home Check 916-645-4081.
- * Did you know? Neighborhood Watch assigns a Mailbox Captain to each mailbox station cluster.
- * Captain maintains confidential emergency contact information for each resident who wishes to participate.
- * Who is your Mailbox Captain? Visit SCLHWatch.org OR
- * Who is your Mailbox Captain? Email NW Director of Volunteer Records at: NWDirectorVR@sclhwatch.org

SAFETY AND HOME SECURITY TIPS

YOUR CAR

- Always lock your car when you leave it outdoors.
- Park in a well-lit area and be aware of your surroundings before you leave.
- **Keep packages or anything else out of sight and put in the trunk** to avoid attracting an opportunist burglar.
- Consider asking for a security escort when returning to your car.
- Never leave your home address in your navigation system (GPS). Instead use 1500 Del Webb Blvd. Keep your GPS out of sight . . . less temptation to break in.
- Keep the registration and insurance copies in your wallet or locked in the glove compartment.
- Keep the garage door remote out of sight or locked in the glove compartment.
- Many newer cars have a built-in system that allows you to program your garage's code into it. Neighbors InDeed can help you program the code using your car manual.
- Consider buying a mini-remote for your car key ring. Neighbors InDeed can help program it by using remote's manual.
- Consider driving with headlights on so you may be seen by others and use turn signals when you turn or change lanes.

YOUR GARAGE AND SIDE GARAGE DOOR

- Do not keep garage door fully or partially open. Open-door garage alarms are available from hardware stores.
- Keep the house entry door locked day and night whether you are home or not.
- Consider installing a peephole in the entry door from the house into the garage.
- Consider installing a motion sensor for the lights in the garage.
- Consider unscrewing garage door opener light since car lights stay on for a minute or two. Garage door light may be a signal to burglar that a vehicle just came or left.
- Keep side garage door and interior garage door locked day and night whether you are home or not.
- Consider installing a removable 2X4 bar held with heavy-duty brackets across the door.
- Consider installing a security screen door for garage ventilation; it provides an additional layer of security.

YOUR HOUSE

- Put your car keys beside your bed at night. If you hear a noise outside your home or someone trying to get in your house, just press the panic button for your car. The alarm will be set off, and the horn will continue to sound until either you turn it off or the car battery dies.
- Keep your outdoor lights on all night (use CFL or LED bulbs). Light sensors are available to automatically turn on lights at dusk (no tools). Timers are available at Lowe's and Home Depot but they do have to be hard-wired.
- Consider installing motion sensor lights near exterior doors. Install at difficult to reach locations so they cannot be easily disabled.
- Consider finding other locations to hide your valuables other than the master bedroom and bathroom.
- Consider installing a PVC pipe or wood dowel in your slider door and window tracks to prevent opening. (No tools required . . . ask hardware store to cut to size for you.) Neighbors InDeed will measure these lengths for you. Don't use any device that requires tools to remove . . . in case of emergency, you don't want your exits blocked!
- Consider installing screw-on slider window locks to prevent opening. (No tools required.)
- If ventilation is desired, leave windows or sliding doors no more than 4 inches open and install PVC pipes, wood dowels or slider locks to prevent opening further.
- Consider purchasing a sign. "Keep gate closed so dog does not escape."
- Review your home from afar. Are there places for a burglar to hide? Keep your bushes and other vegetation trimmed.

WHEN AWAY FROM HOME

- Keep windows covered to prevent window-shopping.
- Put lights and a radio or TV on timers. Make sure your home looks and sounds occupied.
- Consider installing a monitored alarm system, possibly with an outdoor siren.
- Obtain a LPD Vacation Home Check Request form from the Lincoln Police Department, MailBox Captain or at www.SCLHWatch.org under *Security*, then *Safety Flyers*.
- Notify neighbors and MailBox Captain when leaving for any extended period and stop newspaper delivery.
- See our Tips for a Worry-Free Vacation checklist brochure on our NW website at www.SCLHWatch.org under *Security*, then *Safety Flyers*.

FOR MORE INFORMATION VISIT [SCLHWATCH.ORG](http://www.SCLHWatch.org)

ALERTS



SCAMS – You think it’s never going to happen to you – until it does.

RED FLAGS FOR PHONE AND EMAIL SCAMS

- Urgent or threatening language or a greeting that is too friendly
- Requests for personal information
- Requests to have access to your computer
- Link to a site that seems unrelated to the organization that contacted you
- Missing contact information in an email
- Payment via GIFT CARDS

STRATEGIES

- Call your **grandchildren** and establish a CODE WORD to verify identity
- GIFT CARDS: As soon as you hear these words, **HANG UP**.
- DO NOT BE POLITE. BE SMART. Hang up when you are unsure.
- DO NOT be pressured by urgent requests. **HANG UP**.
- CHECK CALLER ID: do NOT answer if you do not recognize the caller; legitimate callers will leave a message.
- EMAIL: Do not click on links from financial institutions. Call or go directly to the website and check there.
- DO NOT ALLOW ACCESS TO YOUR COMPUTER. **HANG UP**.
- Use the phone number from your bill or on your credit card if you need to contact a financial institution or vendor. If it’s a website, go directly to the website to find the number. DO NOT SEARCH (AKA Google) FOR THE NUMBER ONLINE.

VISIT [SCLHWATCH.ORG /SECURITY](https://www.sclhwatch.org/security) FOR ADDITIONAL INFORMATION

ALERTS PROGRAM COORDINATOR

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NEIGHBORHOOD WATCH PUBLIC SAFETY LIAISON

Barry Johnson

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alerteditor@sclhwatch.org

A Message From Your Lincoln Police Department



Have you been visited by a door-to-door salesperson recently?

We'd like to remind citizens that it's often difficult to determine if someone is legitimately representing a real business or charity, even if he/she provides documentation. We urge our community members to exercise caution, and follow these safety tips when encountering solicitors:

- Always look through the peephole, window or home security camera to see who is at your door.
- If you don't feel comfortable answering the door, then don't. Inform the individual you are not interested through your door.
- Always ask for documentation and identification, including their City Solicitor's Business License.

SAMPLE SOLICITOR LICENSE

<small>This certificate is issued without verification that the holder is subject to or exempted from licensing by the state, county, federal government, or any other governmental agency.</small>	CITY OF LINCOLN	<small>Sales or use tax may apply to your business activities. You may seek written advice regarding the application of tax in your particular business by writing to the nearest State Board of Equalization office.</small>
	BUSINESS LICENSE 600 6th STREET, LINCOLN, CA 95648	
EXPIRATION DATE: 12/31/2018	EFFECTIVE DATE: 01/01/2018	LICENSE NUMBER: SOL
BUSINESS NAME: XYZ Window Washing		DBA Name:
TYPE OF BUSINESS: Clean Windows		Business Address:
MAILING ADDRESS: 123 MAIN STREET LINCOLN, CA 95648		

This license evidences the person(s), firm or corporation named herein has paid the applicable tax required by the City of Lincoln Municipal Code for the period indicated above. No license issued under the provisions of Chapter 5 of the Lincoln Municipal Code shall be construed as authorizing the conduct or continuance of any illegal or unlawful operation in violation of any City Ordinance relating thereto.

- NEVER allow a solicitor to enter your home.
- NEVER give money, credit/debit card numbers or a check to solicitors.

And finally, report aggressive or suspicious solicitors to law enforcement immediately: 9-1-1 for emergency situations such as an aggressive or threatening solicitor, and 916 645-4040 (non-emergency) for suspicious solicitors. Provide a good description of the individual and vehicle, if available, and direction of travel after leaving your residence.

Your safety is of the utmost importance to us.

#StaySafe

For additional safety and security information visit *Sun City Lincoln Hills Neighborhood Watch* at SCLHWatch.org

Protect Your Vehicle From Theft!!



Vehicles are usually stolen for one of three reasons; a joy ride, sell for parts, or for resale. There are some steps you can take to minimize becoming a victim.

- Lock your car and take your keys with you even when parked in your driveway.
- Do not hide a spare key on the vehicle.
- Motion-sensor lights mounted over the garage will discourage thieves and alert you to the presence of unwanted “visitors” at night.
- Park in a well-lighted area, close to a corner with foot traffic. To make your vehicle more easily visible, back into the parking space, and if possible park at the end of the row and toward the light source.
- Roll up the windows completely.
- Always remove keys from ignition.
- Avoid leaving a vehicle parked unattended in a public parking lot for a long time.
- When parking in attended lots or parking garages leave only the ignition key with the attendant! Older model vehicle keys and other attached keys can be duplicate.
- Make sure the attendant or valet is actually the authorized attendant. Never have a tag with your name/address on the key ring.
- Always park with the wheels turned toward the curb and apply the emergency brake. This can help prevent towing.
- If you have a garage – use it.
- Lock your garage door. Do NOT leave your garage door open enough for someone to crawl under.
- Do NOT leave your car running while it is unattended.
- Back your car into the driveway. If you drive forward into the driveway, a car thief could raise the hood to hot wire the car, and it would appear to the neighbors that you were just working on the car.
- Do NOT leave the car title in the vehicle.

Nearly 1.4 million vehicles are stolen yearly. Although 75% of respondents know that there are costs associated with vehicle deductible and the cost of replacing the vehicle that are not covered by insurance. However, virtually none (one percent) knew that there are additional costs such as insurance premium increases, the cost of time spent dealing with police, vehicle rental costs, and the cost of time off from work. This survey was conducted by Opinion Research Corporation.

The Lincoln Police would like to work with our community citizens in keeping our vehicles safe in Lincoln. **DON'T BE A VICTIM and DON'T MAKE IT EASY FOR THE THIEF!!!!**

For additional safety and security information visit *Sun City Lincoln Hills Neighborhood Watch* at SCLHWatch.org

LINCOLN POLICE DEPARTMENT BICYCLE REGISTRATION

<https://bikeindex.org/organizations/lincoln-police-department/>

BICYCLE REGISTRATION



QUICK NOTES:

MAKE: _____

MODEL: _____

SERIAL #: _____

PARTNERED WITH



How can this help?

By protecting your investment. Do you know your cell phone serial number or vehicle license plate number in the event either had been stolen?

Typically not.

Lincoln PD has partnered with Bike Index, a non-profit organization, who will store your bicycle's data and specifications. The service is free of charge and there is no need to make an account or sign up. You simply enter your bicycle data, step by step. Including a photo of your bicycle is optional, but **highly recommended** in case a serial number is ground off or altered. Your contact information can also be stored for Police Department or public contact. Registering your bicycle allows us to work together in recovering your property, in the event a bicycle is recovered, suspected as stolen, found, lost, and even if you are not yet aware.

(Parents, great way to track down those bikes)

If you opt to create a full Bike Index account, you can enter multiple bicycles within your profile, mark them stolen, transfer ownership, and share links to social media in the unfortunate event a theft occurred.

This is a tool for the community.

-Lincoln Police Department

Scan QR Code Below



Once Scanned

You will be prompted to register your bicycle or you can choose to register a stolen bicycle. Once the data is entered, you should receive an email confirmation from Bike Index. From the email confirmation, you can choose to create a full account if needed and register more bicycles under your account profile.

LINCOLN POLICE DEPARTMENT
770 7th Street, Lincoln Ca, 95648
916.645.4040



[CLICK HERE TO REGISTER](#)



LINCOLN POLICE DEPARTMENT CAMERA/LOCKBOX REGISTRATION PROGRAM



LINCOLN POLICE DEPARTMENT
770 7TH STREET, LINCOLN, CA 95648 | (916) 645-4040



THIS INFORMATION IS PROVIDED BY SUN CITY LINCOLN HILLS NEIGHBORHOOD WATCH IN COOPERATION WITH THE LINCOLN POLICE DEPARTMENT

CAMERA REGISTRATION

The Lincoln Police Department (LPD) has implemented a camera/lockbox registration program. The program encourages residents and business owners to register their security cameras with the Lincoln Police Department. This allows law enforcement to locate cameras in the area surrounding a crime scene and contact the camera owners. *Registration in this program is voluntary and there is no cost associated with registration.* Registering your information *does not* provide the Lincoln Police Department with direct access to your security system camera. You may remove or make changes to your registration at any time by emailing us at registry@lincolnca.gov. You will only be contacted by the Lincoln Police Department in the future if there is a criminal incident in the vicinity of your security camera. Police personnel, if necessary, may request a copy of any video captured by your camera, which may assist in the investigation of a crime.

The Lincoln Police Department does not make recommendations on the brands, type, or vendors of camera systems. Information may be obtained from Neighborhood Watch groups or online resources.

Terms of Use: The goal of the program is to both deter and solve crime while ensuring public safety. This will be accomplished collaboratively between the Lincoln Police Department and the community we serve. Accordingly, all registrants agree to the following terms and conditions:

- Your participation in this program is voluntary and you can discontinue your participation at any time by emailing us at registry@lincolnca.gov.
- You are not acting as an agent and/or employee of the City of Lincoln and/or the Lincoln Police Department.
- You maintain your own security system camera at your own expense.
- The Lincoln Police Department does not maintain or have access to your security system camera.
- You are not obligated to keep your security system on at all times or to repair malfunctions.
- If a criminal incident occurs in the vicinity of your security camera, the Lincoln Police Department may contact you to review your video footage to see if your security camera provides any information regarding the criminal incident.
- If there is information relevant to the criminal incident on the security camera system, the Lincoln Police Department will request a copy of the relevant information.
- By participating in the program, you are indicating a willingness to voluntarily share the relevant video footage.
- You are not obligated to voluntarily provide relevant video footage.

PUBLIC SAFETY LOCK BOX REGISTRATION

Residents often install lock boxes on their property that contain a key to their home. The key is for public safety use in the event of an emergency. Having a key available for public safety emergency use expedites access into the residence will minimize damage to the property. **Terms of Use:** All registrants agree to the following terms and conditions:

- Your participation in this program is voluntary and you can discontinue your participation at any time by emailing us at registry@lincolnca.gov.
- Entry into a residence by public safety personnel shall only occur when lawful circumstances exist (e.g. emergency or exigent circumstances).
- Information pertaining to your lockbox, contents, and combination are private. The Lincoln Police Department will not share or disclose this information unless required by law.
- Registering with this program does not imply consent for entry.

By submitting this information, I understand and agree to the above policy and terms of use.

Note: prior to camera installation, Sun City Lincoln Hills Residents should review [Design Guidelines](#), [ARC Standards 10.22](#)



HOME SAFETY FIRE PREVENTION CHECKLIST

SCLHWATCH.ORG



COOKING SAFETY

- Keep cooking area free from items that can catch fire
- Do not keep pots and pans unattended on the stove; turn handles away from front of stove
- Double check to make sure your burners are off on your gas stove

ELECTRICAL & APPLIANCE SAFETY

- Do not run electrical cords under rugs
- Maintain electric and gas stoves in good operating condition
- Check if electrical cords are frayed or cracked
- Use only circuit-protected, multi-prong adapters for additional outlets.
- Check that large and small appliances are plugged directly into wall outlets; off if not used
- Clean clothes dryer lint filter and venting system

CANDLE SAFETY

- Use only sturdy fire-proof containers that won't tip over for candles
- Make sure that candles are extinguished before going to bed or leaving the room
- Do not leave grandchildren or pets unattended with candles burning

CARBON MONOXIDE ALARMS

- Install mandatory Carbon Monoxide Alarms on every level of your home
- Recommend replacing Carbon Monoxide alarms **after seven years**

FLAMMABLES IN THE GARAGE AND OUTSIDE

- Avoid storing combustible materials like paint cans near a water heater, car or garbage can.
- Remove leaves and needles from roof and gutters; cut back overhanging tree branches

SMOKE ALARMS

- Test and clean smoke alarms monthly
- Check and replace batteries annually
- Consider replacing smoke alarms **after ten years**
- Do not modify the garage door entry into your house as this is a fire rated door

FIRE EXTINGUISHERS

- Equip your home with a multi-purpose fire extinguisher (those labeled "B-C" or "A-B-C") a five-pound size or greater. Fire extinguishers need service or replacement after any use, and, if equipped with an indicator, when the indicator needle is outside of the green/normal (charged) range. Dry chemical fire extinguishers should be shaken once a month to keep the powder from settling (check manufacturers recommendations). Extinguishers should be placed in a central location. Often at or near an interior door leading to a garage is a good space and a second fire extinguisher possibly in close proximity to your kitchen stove. The Fire Department does not service fire extinguishers.

ESCAPE PLAN

- Know to crawl low to the floor when escaping to avoid toxic smoke
- Once you're out, **STAY OUT**
- Know where to meet after escape
- Meeting place should be near the front of your home, so firefighters know you are out
- Make sure every household member is familiar the plan



SUN CITY LINCOLN HILLS

Neighborhood Watch



VOLUNTEER OPPORTUNITIES

Become A Member of Our Wonderful Team of Volunteers!

MISSION STATEMENT:

To Strengthen Neighborhood Ties; Increase Personal Safety and Security Awareness; Be the Eyes and Ears of the Lincoln Police and Fire Departments; Encourage Emergency Preparedness

MAILBOX CAPTAIN VOLUNTEERS

- Meets and greets new residents with a Welcome Packet.
- Promotes signing up for Alerts and using the Neighborhood Watch website www.sclhwatch.org.
- Encourages neighbors helping neighbors and neighbors knowing neighbors to help promote a more secure neighborhood.
- Maintains Resident Contact Information Form and reports to Village Coordinator resident changes.
- Attends training sessions and General Neighborhood Watch Meetings.

VILLAGE COORDINATOR VOLUNTEERS

- Manages Mailbox Captains and maintains copies of Residents Contact Information forms for their village. Provides assistance to Mailbox Captains.
- Maintains Coordinator's List of Mailbox Captains Report and forwards to the Village Director.
- Serves as temporary Captain when there is a vacancy.
- Encourages village-wide activities such as National Night Out.
- Attends the Annual and General Neighborhood Watch Meeting(s) as a voting member.

DIRECTOR VOLUNTEERS:

Manages Assigned Villages and Coordinators; Attends Meetings and Events as a Voting Board Member; Serves as a Temporary Coordinator During Vacancies;
Assists in the Operations of Neighborhood Watch.

Basic computer knowledge is recommended with internet access and an email address.

You may also choose to share a position [as a Co-Captain or Co-Coordinator](#).

Visit sclhwatch.org/Want to Volunteer and sign up today!

Vial of LIFE – Lifesaving Information For Emergencies

WHAT IS THE VIAL OF LIFE PROGRAM?


The Vial of Life is an Medical history Information document that provides crucial personal and medical history in case of an emergency. The documents provide paramedics and firefighters with crucial personal and medical information that will speak for you if you are unable to communicate or you do not have a representative in the event of an emergency.

HOW DO I USE THE VIAL OF LIFE?

There are five easy steps to using the Vial of Life.

1. Although the **Emergency Medical Information Form** is part of the **Neighborhood Watch Welcome Packet**, a current copy can be downloaded **HERE** – be sure to *save to your computer*.
2. Fill out the information completely; making sure it is current and legible.
3. Fold this document and the completed *Emergency Medical Information Form* and place in a plastic baggie. (If you have a “Do Not Resuscitate” (DNR) form, be sure to attach a copy.)
4. Although a Vial of Life sticker may be placed on your front door, *First Responders will automatically look in the refrigerator door for your Vial of Life information.*
5. Place the baggie containing your medical information on the top shelf of your refrigerator door.

NOTE: The Vial of Life will only work if the information is accurate, complete, and updated as changes occur.



Vial of Life ... will speak FOR you when you are unable to speak

What information should be in the Vial of life?

First Responders will look for the Vial of Life on the top shelf of the refrigerator door and ask;

- * Do you have any medical conditions?
- * Are you taking any medications or supplements?
- * Do you have any allergies?
- * Which hospital should they take you to?
- * Who should they contact?
- * What is your doctor's name and phone number?
- * Who is your insurance contact?
- * If you have pets - who will care for them?

In stressful situations common things may be difficult to remember, so please plan ahead and complete your Vial of Life form today - It only takes a few minutes and could save precious time in an emergency.



VIAL OF LIFE

EMERGENCY MEDICAL INFORMATION

Please check and update this form monthly for accuracy!

Date Completed: _____ Updated: _____

Basic Information

Name: _____

Street: _____

City: _____ State: _____ Zip: _____

Phone: _____

In Case of Emergency, Please Notify: _____

Phone: _____ Relationship: _____

Street: _____ City: _____ State: _____

Identifying Information

_____ Male _____ Female Height: _____ Weight: _____

Date of Birth: _____ Marital Status: _____

Hair Color: _____ Eye Color: _____

Blood Type: _____ Religion: _____

Primary Language Spoken: _____ Other Language(s): _____

_____ Glasses _____ Contact Lenses _____ False Teeth/Bridge

Hearing Aid: _____ Left _____ Right Deaf: _____ Left _____ Right

Blind: _____ Left _____ Right Artificial Eye: _____ Left _____ Right

Artificial Limbs or Prosthetic Devices: _____

Pacemaker Model #: _____ Defibrillator Model #: _____

Identifying Marks (i.e., birthmarks, tattoos, etc.): _____

Normal Blood Pressure: _____ / _____ Smoker _____ Non-Smoker

Medical History

Check Conditions that you have been treated for:

<input type="checkbox"/> Allergies	<input type="checkbox"/> Blood Pressure	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Heart Condition	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Anemia	<input type="checkbox"/> Cancer	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Jaundice	<input type="checkbox"/>
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Hay Fever	<input type="checkbox"/> Sinus	<input type="checkbox"/>
<input type="checkbox"/> Asthma	<input type="checkbox"/> Insulin	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Stroke	<input type="checkbox"/>

Be sure to complete reverse side

Current Medical Information

Name of Doctor: _____ Phone #: _____

Name of Doctor: _____ Phone #: _____

Currently Being Treated for: _____

*Current Medications:

Medication	Dosage	Taken How Often? (Frequency)	Taken to treat what condition?	Located where in your home?

*Attach & date a separate page for additional medications or to record updates.

Allergies to Medications: _____

Hospital Information

Hospital Preference: _____ City _____ State _____

Last Hospitalization: _____

Hospital: _____ Date: _____ Treated For: _____

____ Living Will If yes, location of Living Will: _____

____ Do Not Resuscitate (DNR) Order Location of DNR: _____

____ Organ Donor

Medical Insurance Information

Medicare #: _____ Medicaid #: _____

Blue Cross/Blue Shield #: _____

Other Policy #: _____